

**PROCLAMATION
RECOVERY MONTH IN SKAGIT COUNTY
SEPTEMBER 2023**

WHEREAS, behavioral health is an essential part of one’s overall health and wellness and the ability of families to grow and thrive; and

WHEREAS, behavioral health disorders include both mental health and substance use disorders; and

WHEREAS, recovery occurs through many pathways, including professional clinical treatment, use of medications, peer support, faith-based approaches, and more; and

WHEREAS, individuals with behavioral health disorders should have the same access to treatment options and follow-up support that those with other medical conditions receive; and

WHEREAS, Medication Assisted Treatment (MAT) is the scientifically recognized treatment protocol for those with opioid use disorder, and those receiving MAT services should be considered in recovery; and

WHEREAS, to help more people achieve and sustain long-term recovery, we must recognize the work of those providing treatment and peer support services; and to overcome stigma and discrimination, we must educate our community about how behavioral health disorders affect everyone; and

WHEREAS, Recovery Month promotes new evidence-based treatment and recovery practices, seeks to increase public awareness surrounding mental health and substance use disorder recovery, and celebrates the gains made by those in recovery; and

WHEREAS, living a life of recovery should be celebrated and supported throughout Skagit County,

NOW, THEREFORE, BE IT RESOLVED, that we, the Skagit County Board of Health, do hereby proclaim September 2023 as Recovery Month in Skagit County.

Signed this ____ day of September 2023.

**BOARD OF HEALTH
SKAGIT COUNTY, WASHINGTON**

Peter Browning, Chair

Lisa Janicki, Commissioner

Ron Wesen, Commissioner

Attest:

Clerk of the Board